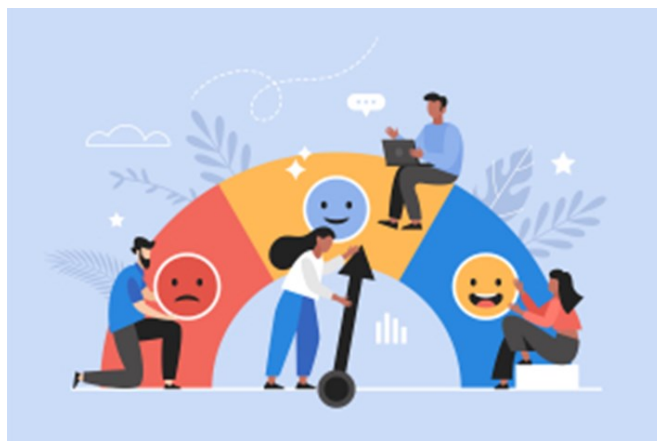


YEAR 11 BULLETIN

CARING - DETERMINED - REFLECTIVE

GCSE mindset: Managing Reactions to Feedback

Feedback is a powerful tool to improving and feedback is something we receive throughout our careers. Inevitably, at school, students receive a lot of feedback. Feedback that usually consists of what they have done well and what/how they can improve. The most successful students are those that can embrace feedback in order to improve. However, receiving feedback is not always a comfortable experience. So, this week students were taught a strategy of dealing with feedback they were not happy about. They were taught a process from Steve Bull’s *The Game Plan* called SADRAA. The process of dealing with feedback you are unhappy with is to work through from the red zone to the green zone. Below is a summary of the process. Tutors and students reflected on feedback they have received that they weren’t happy with and how to process it using SADRAA table below.



The Red Zone Emotions	Shock	Wow—I did not expect that! I’m really surprised by those comments.
	Anger	How dare they say that! That teacher has never liked me.
	Denial	I’m not like that at all. That’s totally wrong
The Blue Zone Thinking	Rationalisation	Ok, maybe it seems true from their perspective. But the reason they think that is because they don’t know what kind of pressure I’m under. Anyway, that’s the way I am and why should I change? And even if I wanted to,
	Acceptance	Ok, maybe I need to change something. Maybe I could look at a few different ways of doing things to see if they improve matters.
The Green Zone Behaviour	Action	Right, what do I need to do?

WHAT CAN YOU DO?

Talk to your child about how they feel about feedback they are receiving. Was there a particular bit of feedback they struggled with and felt angry about. Use the table above to give structure to a conversation which results in them feeling positive about moving on.

NEW STUDY SESSIONS

We are excited to offer all Year 11 students the sixth form hub as a quiet study space for completing homework and/or independent revision. These will be supervised study sessions and refreshments will be provided. Please encourage your child to make the most of this opportunity.

Post-16 application update

Students had another assembly this week that took them through the process of applying for 6th form, college, apprenticeships etc.

KENT
CHOICES

All students received their KentChoices logins and began updating their profiles.

The Kent choices system can be confusing to those using it for the first time. If you are applying for a place in our sixth form you only need to apply for **one** course of study. We will receive your application, which will generate an interview in the new year. At this interview we will go through your subject choices with you. No subject choices are confirmed until August when you receive your GCSE results.

We are also excited to announce details of the Year 11 Prom.



The Malling School Leavers Prom 2024

12th July 2024
Mercure Great Danes Hotel Maidstone
£42 per student.

Deposits £12 due by Friday 26th January 2024 and final payment of £30 by Friday 29th March 2024. More details available on the Prom code of conduct /permissions letter which will be on the school website . Hard copies available from T10 during lunchtimes.

REVISION NEWS

Our period 6 sessions offer students the support with revision and exam preparations. We strongly recommend that students attend as many p.6 sessions as they can.

Period 6 Timetable: 3.30-4.30 pm

DAY	SUBJECT	LOCATION
Monday	Art, 3D Design & Textiles	Art studios
Tuesday	Science	R8
	History	B9/B10
	Business	R19
	Textiles—invite only	Textiles studio
Wednesday	Maths	Maths corridor
	Computer Science	B4
	French	T16
Thursday	English	English corridor
	Spanish	T20
	Music	M6
	Drama	M6
	Hair & Beauty	Salon

Tuesday 21st November: Science p.6 Radioactivity

Further information on other p.6 sessions are shared via Virtual Y11 school on Teams

Tremendous Thursdays: Lunchtime English revision session in TSS

What to revise this week?

Biology: 5. Health: Non-communicable diseases - [BBC bitesize: Non-communicable diseases](#)

Chemistry: 4. Extracting metals- [BBC bitesize: Obtaining and using metals](#)

Physics: 8. Forces doing work and their effect - BBC bitesize - [Forces doing work](#) and [Forces and their effect](#)

Geography: Weather and climate - Global atmospheric circulation, natural climate change and human activity - Rev guide p.30-31

History: Trench layout, key battles, terrain, transport and illness in the trenches of WWI - [resource](#)

Business Studies: Theme 1.4 Business plans

Psychology: Memory Issues and debates: Reductionism and Holism - [Memory CB P21-25](#)

Sociology: Types of schools - Purple book p.52 and your curriculum book

GCSE Modern Foreign Languages:

- **BBC bitesize KS4** [select your language and choose AQA], revise all topics.

- You Tube: **Easy French/Spanish** chose a topic to revise/learn and practise the vocabulary/listening and grammar.

- **Duolingo App** to revise/learn and practise the vocabulary/listening and grammar.