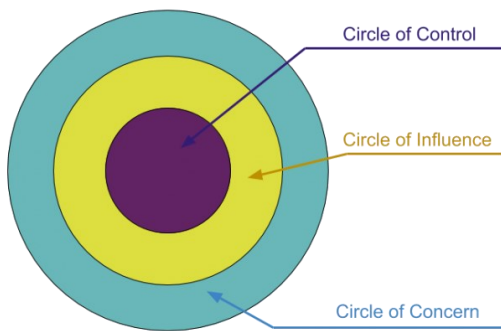


YEAR 11 BULLETIN

CARING - DETERMINED - REFLECTIVE

GCSE mindset: What's Stopping You?

Students began this session by reflecting on the goal they set themselves at the start of the year. They discussed the obstacles they have faced so far in trying to achieve their aim and were reassured that these hurdles are completely normal. We shouldn't be too hard on ourselves if we have missed our original deadline. We reminded ourselves that if this goal is worth pursuing then these obstacles are going to have to become part of the journey. The students listed all the obstacles to reaching their goal and sorted them into ones they have control over and ones they have no control over. They took the obstacles they have control over and rated them from those that are stopping you a little bit to those that are stopping them a lot.



The purpose of this is to identify the circle of control and the circle of influence. The students can then focus on the obstacles that stop students reaching their goals.

They then re-examined these obstacles that seemed to be stopping them reaching their goal the most by answering the following three questions.

Obstacle	What could I do to overcome this obstacle?	What options haven't I considered?	What actions can I take and when?

WHAT CAN YOU DO?

Discuss with your child the goal they have set themselves this year. Has it changed since the career assemblies and open evenings this year?

Discuss the obstacles to reaching their goal. Which obstacles are in their control and which are not? What can be done to achieve their goal?

MOCK exam update:

The overall mock timetable for next term has now be shared but students will receive a personalised version, just as they will in the summer. To support the students, for the mock exams next term we have mimicked the summer timetable as closely as possible, including examinations that may clash. Just as with the summer exams, for any exams that do clash parents and carers will be contacted before the mocks to explain how this is managed. Next week's bulletin will include information for preparing for the mocks.

Period 6 Timetable: 3.30-4.30 pm

DAY	SUBJECT	LOCATION
Monday	Art, 3D Design & Textiles	Art studios
	Science	R8
Tuesday	History	B9/B10
	Business	R19
	Textiles—invite only	Textiles studio
Wednesday	Maths	Maths corridor
	Computer Science	B4
	French	T16
	English	English corridor
Thursday	Spanish	T20
	Music	M6
	Drama	M6
	Hair & Beauty	Salon

Science p.6: Chemical reactions

Tremendous Thursdays: Lunchtime English revision session in TSS

What to revise this week?

Biology: 7. Animal coordination and control and homeostasis - reproduction & menstrual cycle - [BBC bitesize: Hormones - Hormones & Reproduction](#).

Chemistry: 5. Groups in the periodic table: Halogens - [BBC bitesize: Halogens](#)

Physics: 9. Electricity - Potential difference - [BBC bitesize : Potential difference](#)

Geography: 8 marker practice, Rivers, climate change - Rivers page 24, climate change page 37

History: -The development of neurosurgery and plastic surgery during WWI— [resource](#)

Business Studies: Theme 1.5 Unemployment, interest rates & Government taxation & exchange rates

Psychology: Willingham's learning theory, and strategies to support cognitive, social and physical development - [Development CB P10-15, 23-26](#)

Sociology: Ethnicity and education - Purple book p.58 and your curriculum book

GCSE Modern Foreign Languages:

- Use the **Pearson Active Learn Learning Platform** [select your language and choose AQA], and **AQA GCSE French or Spanish Revision Guide** . You should revise all topics.

- You Tube: **Easy French/Spanish** chose a topic to revise/learn and practise the vocabulary/listening and grammar. - **Duolingo App** to revise/learn and practise the vocabulary/listening and grammar.