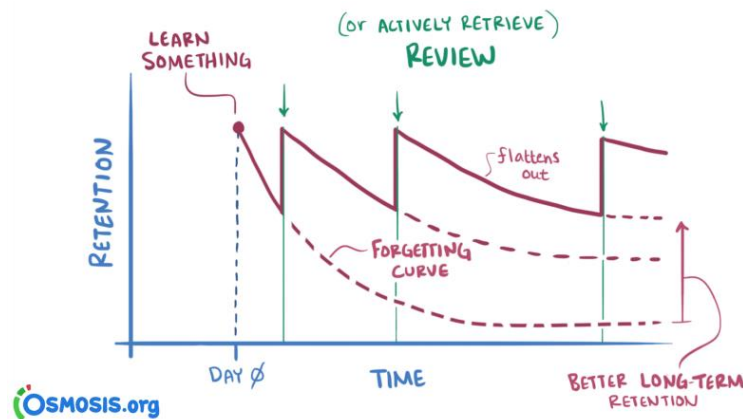


# YEAR 11 BULLETIN

CARING - DETERMINED - REFLECTIVE

## What is Spaced Practice & Why is it an Effective Technique?

Why does revision help improve memory? Think about a time when you learned something new, like a passcode, only to forget it shortly after. Initially, when we learn something, it stays in our short-term memory. However, if we don't actively engage with that information again, our brain discards it as irrelevant. By revisiting and revising what we learn, we move that information from short-term to long-term memory.



Research from York University confirms that to retain knowledge long-term, students need to review material multiple times. This shows that cramming before an exam is not an effective study method. Instead, studies suggest that spreading revision over multiple, smaller sessions significantly improves retention.

This week, students were tasked with organizing their revision by identifying topics they plan to:

- **Revise:** An initial overview of a topic, summarizing key points.
- **Deep review:** A thorough session, which might include timed exam practice.
- **Quick review:** A brief recap, possibly with a quiz on essential information.

### What can you do?

Encourage your child to share their revision schedule with you. Ask them about the subjects they plan to focus on each week—what will they revise, what topics need a deeper review, and which ones just need a quick refresher? You can also help by reminding them to revisit topics they've already covered to reinforce their memory. Regularly discussing their progress can keep them on track and reduce stress as exams approach.

## Sixth Form Open Evening: Thursday 7<sup>th</sup> November (6-8 pm)



Join us for an evening exploring your future at The Malling School 6th Form. Discover our diverse range of courses by speaking directly with our teachers and hear firsthand from current students about their experiences and life in our 6th Form. It's the perfect opportunity to see how we can help shape your next steps.

Please contact the office with any questions: [office@themallingschool.kent.sch.uk](mailto:office@themallingschool.kent.sch.uk)

### Drama Deadlines

For those studying Drama, there are some important deadlines approaching. The final practical performances will be on 18<sup>th</sup> and 19<sup>th</sup> November, with the written component needing to be completed by Tuesday 3<sup>rd</sup> December. There will be interim deadlines to support students with meeting these final deadlines.

### Tremendous Tuesdays

Every Tuesday there is English revision with Mrs Miller in TSS. Students will need to bring along their lunch for 20 minutes of intense revision. It is open to all year 11.

### Period 6

The current period 6 timetable is below, **please note the change to English and Science**. We've had a great turnout to our after-school intervention and encourage as many of you to come along. The sessions run from 3.30-4.30 pm.

| Day       | SUBJECT                                | Location       |
|-----------|--|----------------|
| Monday    | Maths (by invite only)                 | Maths corridor |
| Tuesday   | Science (Higher & Foundation sessions) | R7 & R8        |
| Wednesday | English                                | R11            |
|           | History                                | B10            |
| Thursday  | Maths                                  | Maths corridor |

### What to revise this week?

Each week the Bulletin will suggest some topics for revision to try and take the stress out of deciding what to revise.

**Biology:** 3. Genetics – Genetic inheritance - [BBC bitesize: Genetic inheritance](#)

**Chemistry:** 3. Acids, Alkalis & pH - [BBC bitesize: Acids & Alkalis](#)

**Physics:** 5. Light & EM Spectrum - [BBC bitesize: Light & EM Spectrum](#)

**Geography:** River Landscapes - Physical processes, River valley changes and weather and climate challenges - Revision guide pages 14-17.

**History:** Beliefs about causes of disease, methods of prevention and treatment 1700-1900 - [resource](#)

**Business Studies:** Theme 1.4 Business Ownership structures & Business location & The marketing Mix- CGP revision guide and Knowledge organiser questions as per homework

**Psychology:** Key Study: Piaget & Inhelder (1956) – [Development curriculum booklet p.18-23](#)

**Sociology:** Marriage and divorce - Purple book p.38 and your curriculum book